## Mental Health First Aid

## 8-hour Course

**Class: May 19, 2018** Saturday, 8:30 a.m.-5:30 p.m. (lunch included)

Friendship Missionary Baptist Church Pastor, Dr. Stan McCrary 1102 12th Avenue South Columbus, MS 39701 Class Location: Fellowship Hall

## REGISTRATION

Cost of the course is \$50.00 which includes a manual, certification and lunch. Two (2) ways to register: Fill-out the form below. Email it to info@radicalinc.org or fax to 1.866.317.0767. Go to www.radicalinc.org to PAY ONLINE. <u>REGISTRATION</u> <u>DEADLINE: SATURDAY MAY 5, 2018 PLEASE NOTE: MUST ATTEND THE ENTIRE 8 HOUR CLASS TO RECEIVE THE</u> <u>MHFA CERTIFICATION</u>

Questions? Call (662) 368.2210, Angela L. Shine, LMSW, MHFA Instructor Name

Phone number

E-mail address

Occupation and employer name\_

Brief description of why you're enrolling in the course: (examples: help family member or loved one, better serve clients/public with mental health issues, seeking general mental health information)



## ALGEE, the Mental Health First Aid Action Plan

Assess for risk of suicide or harm Listen nonjudgmentally Give reassurance and information Encourage appropriate professional help Encourage self-help and other support strategies Questions? Contact info@radicalinc.org or call 662.368.2210 Sponsored by Radical, Inc., Friendship M.B. Church and Family Life Ministries

Mental Health First Aid USA is coordinated by the National Council for Community Behavioral Healthcare, the Maryland Department of Health and Mental Hygiene, and the Missouri Department of Mental Health.

